

ST. JOHN APOSTLE & EVANGELIST CATHOLIC CHURCH

95-370 Kuahelani Ave. Mililani, Hawaii 96789 • Office: (808) 623-3332 • Fax: (808) 623-3286

Email: sjaeinfo@rcchawaii.org Website: www.stjohnmililani.org



NEW PARISHIONERS & VISITORS, WELCOME TO OUR PARISH!

SUNDAY GOSPEL REFLECTION

By: Fr. Joseph Ayinpuusa

Come To Christ, The Eternal Living Water.

Water is one of the most important requirements for the sustenance of life. The first reading of today tells us of the ordeal of the Israelites in the wilderness. They grumbled against Moses, and against God because they were thirsty. God instructed Moses to strike the rock. From it, water came forth. The Israelites drank, and were satisfied. In today's gospel, Jesus presents himself as both the rock of our salvation, and our eternal living water, who desires to satisfy our deepest thirsts.

The story of the meeting of Jesus and the woman at the well started with a simple request from Jesus, "Give me a drink." It was a hot day and he and the disciples had been walking in the hot sun for a long time. He surely needed water for his parched throat. But Jesus had a deeper thirst - his real thirst was for this woman's faith and salvation. Like Jesus, the Samaritan woman was thirsty too. That's why she came to draw water from the well. But in reality, her thirst was more than water and Jesus could see that.

In their conversation Jesus gradually uncovers this woman's great thirst for truth – a thirst that perhaps she had not noticed, burdened as she was with her sins and the daily hardships of life. Jesus promised her living water. At first, she believes that the living water of which Jesus speaks is material water that can quench physical thirst, which is what she's primarily concerned with.

As their conversation progresses, Jesus reveals His identity more as He reveals to the Samaritan woman her sins. And here we begin to see a change. Notice that she no longer asks about water or worries about quenching her thirst. Now she asks about doctrine! This woman was also thirsty for God. Eventually, when Jesus reveals that He is the Messiah, the woman runs throughout the town proclaiming her faith in Him, heedless of the shame of her past sins.

The Samaritan woman represents all of us as we thirst for truth, as we thirst for God. But she also represents us in our sinfulness, showing us the obstacles to our conversion, for all of us have past sins to repent of before we can come fully to Christ. Today's Gospel reminds us of the spiritual thirst we all have for God, and that the living water that alone can satisfy this thirst is found only in Christ and in His Church, and that we must put all else aside to attain this living water. The good news is that Christ is also thirsty for our conversion. May we, like the Samaritan woman at the well, readily and humbly acknowledge our sins and nourish within ourselves a constant thirst for the living water of God's grace and mercy that we find in the Sacraments!

MASS SCHEDULE

Weekday (Mon - Sat): 8:00 AM

Sunday: (Sat. Vigil) 5 PM,

(Sun) 7 AM, 9 AM, 11 AM, 6 PM

Sacrament of Reconciliation

Saturdays: 3:30 PM to 4:30 PM

(or by appointment)

MISSION / VISION STATEMENT

We are a Catholic Christian Community, called to develop a deeper relationship with Christ. Such a relationship is fostered through active participation in: *Word, Sacrament, Renewal Programs, Ministry/Service*, and other *Spirit-led* activities.

We dedicate our time, talent and treasure to install, in our parish community, the basic building blocks of Christian living, *to preach the Good News of Jesus Christ to all through our words, deeds, and lives.*

SJAE MOBILE APP

Download our **FREE** app with these easy steps through *Apple App Store* or *Google Play Store*:



- Search keywords: **ST. JOHN MILILANI**
- Click "GET" or "Download"
- Open the App and Enjoy!

You can also find our app from the website below or use the QR Code

Parish Rectory Hours

Monday: 12:00 PM-4:30 PM
Tues. - Fri.: 9:00 AM-4:30 PM
Saturday/Sunday: Closed

Outreach Office Hours

Tuesday: 9 AM to 12 PM

Friday: 9 AM to 11 AM

FOOD PANTRY Hours

Tues.—Fri.: 9 AM to 11 AM

Religious Ed Office Hours

Monday: Closed

Tues.—Fri.: 12 pm - 6:30 pm

Saturday: Closed

Sun: 7:00 am - 1:00pm

PARISH CLERGY & STAFF

Pastor (ext. 111)

Msgr. John Mbinda

jmbinda@rcchawaii.org

Parochial Vicar (x 104)

Fr. Joseph Ayinpuusa

jayinpuusa@rcchawaii.org

Deacon Modesto Cordero

mcordero@rcchawaii.org

Deacon Romeo Ganibe

rganibe@rcchawaii.org

Parish Office Administrator (x 103)

Jolly Guerrero-Tano

jollygt@rcchawaii.org

Parish Secretary (x 100)

Dominique Kekiwi

dkekiwi@rcchawaii.org

Outreach Department (x 203)

Pearl Bates

pebates@rcchawaii.org

RCIA Coordinators

Dcn. Modesto Cordero

Dcn. Romeo Ganibe

Religious Ed. Director (x 206)

Julie Quiroz-Zamora

jquiroz@rcchawaii.org

Acting Preschool Director

Amytes Quiason (744-9538)

aquiason@rcchawaii.org

Pastor's Corner

How to Make a Good Confession (Part 1)

A number of parishioners have asked me the question of how to make a good confession. This is a two-part response: 1) How to prepare for confession; and 2) How to make a good confession.

In preparation for confession, first ask God for the Holy Spirit's help to examine your conscience well by reviewing your conduct in light of your relationship with God and one another. One useful way is to review the commandment of love of God and one's neighbor as oneself. The questions below should assist you in making a thorough review.

At the time of confession, be prepared to tell the priest the specific kind of sins you have committed and, to the best of your ability, how many times you have committed them since your last good confession. Avoid generalizations and inform the priest of any relevant circumstances in which your sins were committed. You are obliged to confess only mortal sins, since you can obtain forgiveness for your venial sins by sacrifices, acts of charity, prayer and other pious actions. Confession of venial sins, however, is very helpful for avoiding sin and advancing in holiness toward Heaven.

If you are in doubt about whether a sin is mortal or venial, mention your doubt to the priest. For a sin to be mortal, three conditions must together be met: "Mortal sin is a sin whose object is grave matter and which is also committed with full knowledge and deliberate consent." (CCC 1857) Always tell the priest your state of life: married or single, priest or religious. Do not tell how your spouse, parent or sibling has been treating you. That is not your sin. Tell how you may have hurt them, judged them and your readiness to forgive them.

In examining your conscience, a useful way is to look at the Ten Commandments by reviewing them prayerfully with regard to your relationship with God and with others. For example on the first commandment: "I am the Lord your God. You shall not have strange gods before Me." (Ex 20:2,3)

- Have I really loved God above all things or have I put other things — work, money, drugs, TV, fame, pleasure, other people — ahead of Him?
- Have I made time for God each day in prayer?
- Have I denied my faith in God or endangered it by practices of the occult or through reading or programs that are opposed to faith and morals?
- Parents help your children to prepare for confession.

Msgr. John S. Mbinda



"Be generous and you will be prosperous; help others and you will be helped." (Good News Translation) - Prov 11:25

READINGS FOR NEXT SUNDAY, MARCH 31, 2019

Fourth Sunday of Lent

First Reading: 1 Samuel 16:1, 6-7, 10-13

This passage was a prophetic and legendary account of the beginning of David's reign through the anointing by Samuel. Since Saul had proven himself unworthy, God rejected his line of descendants and chose a new king — David. This account shows that it was truly God's choice, not anyone else's, by the consistent rejection of the more promising brothers, and the final selection of the youngest and least of them. Subsequent history would see David's reign in relation to the promised Messiah who would come from the line of David.

Responsorial Psalm: Psalm 23:1-3, 3-4, 5, 6

Psalm 23 is one of the most familiar psalms to all Christians, and picks up the theme of the shepherd in the first reading. The office of leadership of God's people, symbolized by a shepherd, is also a symbol of God's lordship. Response: "The Lord is my Shepherd, there is nothing I shall want."

Second Reading: Ephesians 5:8-14

The theme of light overcoming darkness is one of the most consistently recurring themes in early Christian literature. The point emphasized by Paul here is that our Baptism introduces an absolute break with the darkness of the past; there can be no question of looking back to past ways and habits. The new light through Baptism does away with all our spiritual darkness and hints at the themes of the Gospel.

Gospel: John 9:1-41

The healing of the man born blind in the Gospel passage leads to a controversy with the Pharisees quite similar to the discussion between Jesus and the Samaritan woman on salvation and revelation in the Gospel of last Sunday. The blind man gives Jesus the opportunity to show forth once again his own true divine nature for all to see and believe. The point being made is that the Pharisees do not understand their own spiritual blindness (vss. 40-41). On the other hand, the man born blind understands both his physical and spiritual blindness, and makes his confession of faith (vss. 35-38.) John intends to show here a clarification of the difference between those who are willfully blind, and those who trust in Jesus, the Son of God.

Follow Msgr. John's Homilies! Blog
(text): www.sundayhomily.com

Podcast (audio):
<https://soundcloud.com/john-mbinda>

Mass Intentions for the Week

Monday, March 25, 2019

(8 am) † Cheryl Johnson

Laura Ann Peeters

(Birthday Blessing)

† Stanley Miranda

Tuesday, March 26, 2019

(8 am) † Eric Umetsu

† Fe Guadalupe Villareal

† James & Mildred Mizoguchi

Wednesday, March 27, 2019

(8 am) † Fernando & Luz

Malicay

† Exequiel & Magdalena

Malicay

† Guillermo & Petra Malicay

Thursday, March 28, 2019

(8 am) † Howard L. Beck

Ann Medina (Healing)

Friday, March 29, 2019

(8 am) † Thomas Borowitz

† Stanley Miranda

Ann Medina (Healing)

Saturday, March 30, 2019

(8 am) † Ailani Johnson Myers

Ann Medina (Healing)

(5 pm) † Lourdes Malig

Sunday, March 31, 2019

(7 am) † Richard L. Unciano

9 am For the People

11 am † Wayne K. Ursal

6 pm † Alejandro Aquino, Jr.

† Rest in Peace †

HEALING / BLESSINGS: Shirley Del Rosario, Carol Towne, Darrlyn & Ron Bunda, baby Mairenuí Tauotaha-Amo, Jack & Ellen Cleghorn, Ernesta Tolentino, Lester Wilson, Ben & Helen Guerrero, Jim Vangrinsven, Suzanne Foster, Linda Eguchi, Mario Pichon, Leora Hernandez, Alan Cadiux, Rose McNorton, Rosalie Tadda, Bienvenido Roter, Randy Arrojo-Manuwa & Family, Rachel Sullivan, Duane Gonzales, Keahi Paaluhi, Marcelino Esdicol, Sr., Lillian Chalmers & all names in Prayer Intentions Book.

DECEASED: Trixie Kato, Claro P. Bumanglag, Jodie J. Mendes, Vergelio C. Topinio, Clara Diane White, Lydia S. Agbayani, Fredrico Soliven, Annette Mitchell, Erwin A. Azada, Winston Kekina, Howard L. Beck, Delphine Brothers, Richard L. Unciano, Agnes DeJesus, William K.M. Ahuna, George Makio, Violeta D. Solis, & Byron Schubert.

Please contact the parish office to set up an appointment & coordination for the following:

Anointing of the Sick

Baptisms (Ceremony date)

April (No Baptism), May 12 & 19, June 9 & 16.

Baptism Preparation Classes: Apr 7, May 5 & June 2.

Blessings (home, auto, religious items, etc...)

Funerals

Homebound Communion

Marriages (at least 6 months before wedding date)



The Music Ministry is looking for a volunteer guitarist to accompany the 11 am & 6 pm Masses. If you are interested, please contact the parish office at 623-3332.

St John Catholic Preschool is looking for an enthusiastic young adult to assist the Preschool Ministry with graphic arts. This volunteer position will work with the Development committee in creating fliers and announcements to be used around the parish and social media. If you are interested in using your talent to further the mission of the Preschool while building your resume, please call Mike Browning at 295-3180.



STEWARDSHIP OF TREASURE

3/16-
3/17

Sunday Collection	\$ 12,681. 18
Online Donation (WeShare)	\$ 1,299.60
Building, Equipment, & Maintenance (BEM)	\$ 670. 58
OCC Capital Campaign (Non Assessed)	\$ 3,663. 50
Donation– Funeral	\$ 300. 00
Donation– Baptism	\$ 50. 00
Donation– Children's Collection	\$ 21. 00
Donation– Social Ministry	\$ 10. 00
Donation– Charity	\$ 28. 00
Donation– Oper. Rice Bowl/ Frugal Meal	\$ 63. 00
Donation– Youth & Young Adults	\$ 30. 00
Donation– Flowers	\$ 20. 00
Candle Sales	\$ 630. 00
Mass Intentions	\$ 540. 00

Weekend Total: \$ 20,006. 86

"Honor the Lord with your wealth, with fruits of all your produce." - Proverbs

† FUNERAL ANNOUNCEMENT †

Violeta D. Solis (RIP)

Thursday, April 18, 2019 ~ Mililani Memorial Park~ Mauka

Visitation: 9:00 am ~ Prayer Service: 11:00 am

Burial: 12:30 pm ~ Mililani Memorial Park



Encounter The Dhathcroos Family:

The Dhathcroos family returned home after fleeing violence in their country to build a prosperous farm and become a vital contributor to their community.

How can you assist refugees in your community to rebuild their lives? Visit crsricericebowl.org for more.

2019 Lent and Easter Parish Events:

Stations of the Cross, March 29, April 5 & 12, 7pm.

Frugal Meal sponsored by the Knights of Columbus and other parish ministries after Stations of the Cross.

Parish Lenten Mission:

Seven Last Words of Jesus from His Cross

April 1-3, 7pm

Speaker: Fr. Paul McDonnell, O.S.J

Lenten Penance Service:

Wednesday, April 3, 7pm

Palm Sunday, April 14

Regular Sunday Schedule

Good Friday, April 19 (No 8am Daily Mass)

Morning Prayers– 8am

Stations of the Cross, 3pm

Passion of the Lord, 3:30pm

Holy Saturday, April 20 (No 8am Daily Mass)

Morning Prayers– 8am

No Confession

Easter Vigil, 7pm

Easter Sunday, April 21

Masses at 7am, 9am, & 11am

No evening Mass

Diocese of Honolulu 2019 Lenten Regulations:

In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both days Ash Wednesday (March 6th) and Good Friday (April 19th).

FASTING : To fast means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on fast days.

ABSTINENCE FROM MEAT: Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday. To abstain means refraining from eating beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.



PARISH EVENTS & WEEKLY CALENDAR

The Parish Office will be closed on Tuesday, March 26th in observance of the Prince Kuhio Holiday.



Healing Mass: Monday, March 25, 2019 at 7:00 pm—9:00 pm. Praise and Worship begins at 7:00 pm & Mass starts at 7:30 pm. Celebrant: Fr. Joseph Ayinpuusa. Sponsored by St. John Catholic Charismatic Prayer Group. For information: Victoria Achaval 623-7423 & Stephen / Helen Uyehara 623-7423.

The Catholic Relief Services Collection- Next week, our parish will participate in the annual CRS collection on March 30/31. Envelopes are available at the back of the church. Please drop your donation during offertory, or donate online through our "Online Giving" and help *Jesus in disguise* Learn more: www.usccb.org/catholic-relief.

Please join the Knight's of Columbus in saying the Rosary to Our Lady Help of Persecuted Christians on **Sunday March 31st at 1pm in the church** followed by a luncheon in the parish center.

Parish Lenten Mission: Seven Last Words of Jesus from His Cross, April 1-3, 7pm with speaker Fr. Paul McDonnell, O.S.J. Fr. Paul will preach at all Masses the weekend of March 30—31.

The next Adoration of the Blessed Sacrament will be held on Friday, April 5, immediately after the 8am Mass to 6pm and will resume at 8pm after the Stations of the Cross to 7:30am on **Saturday, April 6.**

Respect Life: The Spring 40 Days for Life Campaign of prayer, fasting and outreach to protect all innocent life extends from March 6 through 14 April 2019. Community outreach includes group prayers and physical prayer vigil in front of Planned Parenthood abortion facility, now relocated to 839 S Beretania St Honolulu, HI 96813. All are invited to participate. You may sign- up on-line at: www.40daysforlife.com/honolulu/ There will be a closing Rally on Saturday, April 13 at the facility from 9 am - noon. Parish ministries are encouraged to select one day and time for its members to participate together as a group. For more information, contact Mary Smart cell: 741-2358.

Central Vicariate Lenten Penance Service:

Tuesday, March 26—7 pm	St. Elizabeth, Aiea
Wednesday, March 27—7 pm	Our Lady of Sorrows, Wahiawa
Tuesday, April 2—7 pm	Our Lady of Good Counsel, Pearl City
Wednesday, April 3—7 pm	St. John A&E, Mililani

Planting Seeds for the Future: Who needs estate planning? Every adult who is legally competent, who owns anything and cares about who receives it at the time of his or her disability or death.

Please remember *St. John Apostle & Evangelist Church* in planning your will.

THIS WEEK: Mar 25– 31

Monday– 7:30 am– Rosary
8 am– Daily Mass
8:45 am– Rosary Prayer Group (CH)
7 pm– Charismatic (CH)
7 pm– Family Prayer Group (Rm 4)
7 pm– Troop 144 (Rm 5)

Tuesday– Parish Office Closed
7:30 am– Rosary
8 am– Daily Mass
8:45 am– Rosary Prayer Group (CH)
9 am– Women's Bible Study (CH)
9 am– Church Cleaning– Environmental
3 pm– Cenacle Prayer (CH)
6:30 pm– PPBC (Rm 5)
7:30 pm - AA Meeting (Rm 6)

Wednesday– 7:30 am– Rosary
8 am– Daily Mass
8:45 am– Rosary Prayer Group (CH)
6 pm– OLPH Prayer Group (Rm 2)
6:30 pm– Young Adult Faith Night (Rm 4)
7 pm– Combined Choir Practice (CH)
7 pm– NO RCIA
7:30 pm - NA Meeting (Rm 6)

Thursday– 7:30 am– Rosary
8 am– Daily Mass
8:45 am– Rosary Prayer Group (CH)
9 am– Church Cleaning (Group 2)
6 pm– 11 am Choir Practice (CH)
7 pm– Catholicism 101 (Rms 1-2)
7 pm– Intro to Scriptures (Rm 3)

Friday– 7:30 am– Rosary
8 am– Daily Mass
8:45 am– Rosary Prayer Group (CH)
9 am– Church Cleaning (Environment)
4 pm– 2 Hearts (CH)
7 pm– Stations of the Cross (CH)
7:30 am– Frugal Meal (CH Lanai)

Saturday– 7:30 am– Rosary
8 am– Daily Mass
8:45 am– Rosary Prayer Group
9 am– Catholic Women's Bible Study (Rm 1)
9:30 am– RCIA Lent Retreat (Benedictine Monastery)
9:30 am– Our Lady of Manaoag (Rm 3)
3:30 pm - Confession
5 pm– Mass (Saturday Vigil)

Sunday– Masses

7 am, 9 am, 11 am & 6 pm
1 pm– KC 5th Sunday Celebration (Rms 2-3)
RE "A" Schedule
4 pm - 6 pm Choir Practice (CH)

Conversion of Heart

Lenten Reflections on Mercy and Forgiveness

Week 3

READINGS: *Exodus 3:1–8a, 13–15; 1 Corinthians 10:1–6, 10–12; Luke 13:1–9*

We must work toward our salvation

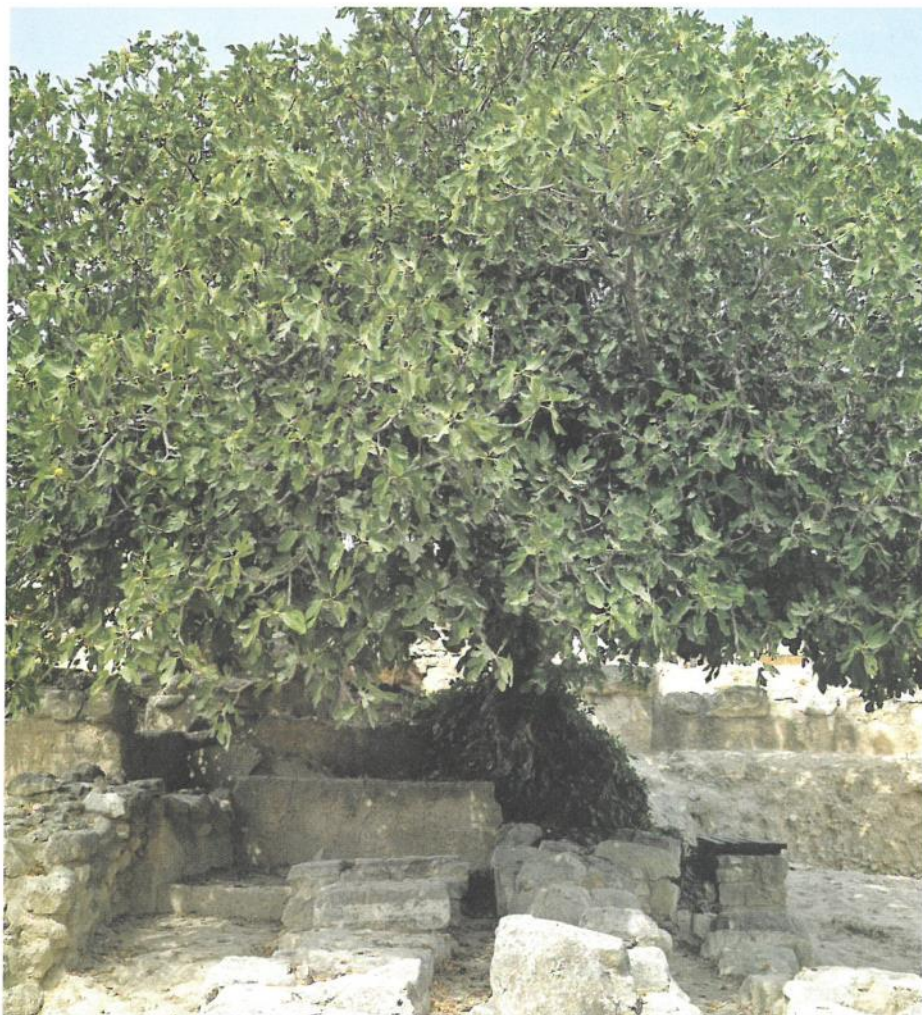
Not forgiving someone is like drinking poison and expecting the other person to die. Holding a grudge against those who have wronged you only destroys you on the inside. It does nothing to create peace.

That's why Jesus said, "Blessed are the peacemakers, / for they will be called

sons of God" (Mt 5:9). God's mercy is given as a reward for those who pursue it with diligence. We must work to cultivate peace if we desire to see it flourish in our families, communities, nations, and especially within our own selves.

In today's Gospel reading, we see how this truth is manifested in the fig tree.

"Sir, leave it for this year also, and I shall cultivate the ground around it and fertilize it" (Lk 13:8).

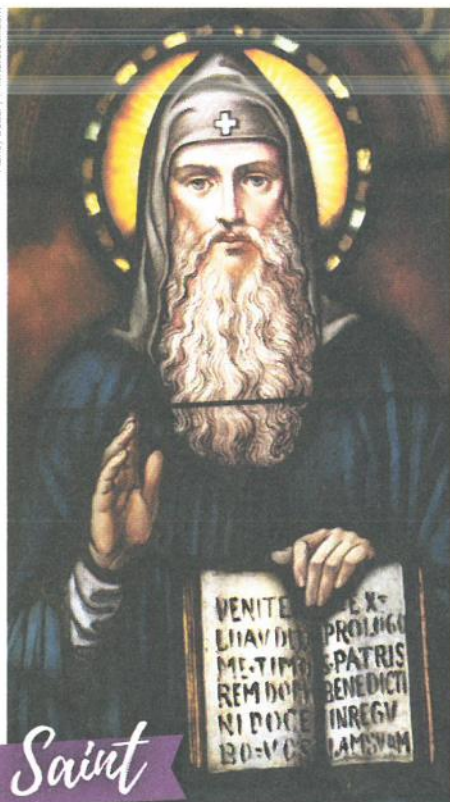


It was surrounded by the untilled and unproductive soil, much like those who withhold forgiveness are surrounded by unrest, anxiety, and spiritual inactivity. We feel worthless in such a state, and as such we risk being unproductive, unhealthy, and ultimately destroyed.

However, the good farmer, here representing God, provides us with hope. He tills our soil and fertilizes our souls with mercy. His forgiveness gives us another chance for spiritual survival, but only if we are able to bear good fruit as a result. Our good fruit, then, is the mercy we show to others, which leads us to being known as the true sons and daughters of the God of peace.

For Reflection

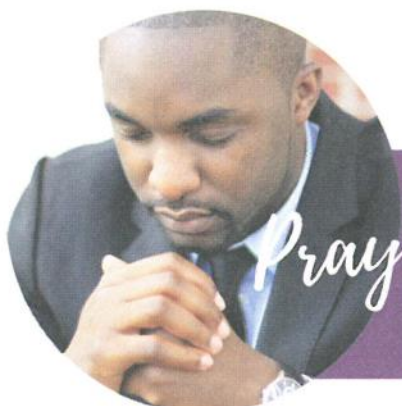
- › Has God tilled the landscape of your soul so that it can bear fruit abundantly?
- › Have you helped him weed out the vices that keep your soul from thriving as it should?
- › Have you helped others by tending to their spiritual growth in service to them?



Saint

Prayer and work

Benedict was a man of silence and constant reflection. He was also a man who knew how to work! He helped form the Benedictines, a Catholic religious order whose motto is *ora et labora* ("pray and work"). Benedict knew that in order to show God how much he loved him, he would need to work diligently in both his prayer life as well as through manual labor. He understood St. Paul's words that we must "pray without ceasing" (1 Thes 5:17) and "work quietly" (2 Thes 3:12). Indeed, St. Benedict was given God's reward of mercy for having persevered in prayer and for acquiring a work ethic that was marked by the spiritual worth of every one of his daily tasks.



Prayer

The saints are like the stars. In his providence Christ conceals them in a hidden place that they may not shine before others when they might wish to do so. Yet they are always ready to exchange the quiet of contemplation for the works of mercy as soon as they perceive in their heart the invitation of Christ.

~ ST. ANTHONY OF PADUA



How to bear GOOD FRUIT

Live the corporal works of mercy — feed the hungry, give water to the thirsty, clothe the naked, shelter the homeless, visit the sick, ransom the captive, bury the dead — and the spiritual works of mercy — instruct the ignorant, counsel the doubtful, admonish the sinners, bear patiently those who wrong us, forgive offenses, comfort the afflicted, pray for the living and the dead.

Family Activity

The more you know ...

One of the best ways to be diligent in our zeal for holiness is to make it fun. Sometime this week, gather your family members and distribute notecards. On each notecard, write down as many quiz questions each person can about the Catholic faith along with the answers. Then, put them all in a box and take turns picking them out and answering them one-by-one until all of the cards have been answered.

"Called to beatitude but wounded by sin, man stands in need of salvation from God. Divine help comes to him in Christ through the law that guides him and the grace that sustains him" (1949).

Catechism Chat

Lord, I have not worked as hard as I should at knowing, loving, and serving you. Please renew me with the zeal, energy, and order I need to pursue you with all of my heart, all of my soul, and all of my mind. I am yours; may I acquire the work ethic needed to achieve eternal life with you in heaven.