

ST. JOHN APOSTLE & EVANGELIST CATHOLIC CHURCH

95-370 Kuahelani Ave. Mililani, Hawaii 96789 • Office: (808) 623-3332 • Fax: (808) 623-3286

Email: sjaeinfo@rcchawaii.org Website: www.stjohnmililani.org



NEW PARISHIONERS & VISITORS, WELCOME TO OUR PARISH!

SUNDAY GOSPEL REFLECTION

By: Fr. Joseph Ayinpuusa

Repent and Return to the Lord

As we continue our spiritual journey in this season of Advent, our liturgy reminds us that the past, present and future coming of Jesus into the world is the fulfillment of the saving plan of God. Our readings for this 2nd Sunday of Advent seek to help us to make ourselves ready to receive him. In the first reading, Isaiah consoles the Jewish in Babylon by assuring them that the Lord will restore their homeland to them and care for them as a shepherd cares for the sheep. The Gospel tells us that the restoration of the fallen world has already begun, starting with the arrival of John the Baptist, the messenger and forerunner of the Messiah. John speaks of one, more powerful than he – Jesus Christ – who will baptize us with the Holy Spirit. Surely Christ made his first coming and each of us has received the gift of the Holy Spirit in Baptism.

Our Second Reading makes it clear that the salvation promised by Isaiah was not completely accomplished even by the first coming of Jesus. It is only when Jesus comes again at the end of time that Isaiah's words will be entirely fulfilled. Hence, Peter warns against false teachers who have given up any expectation of Christ's return because of its long delay. So Peter reminds them that even though the Second Coming seems to be delayed, Christ will indeed come as promised. The fact is that the risen Lord is eternal and infinite and so is not measured by time in fulfilling promises. Besides, God "is patient" with us, giving us more time to repent of our sins and renew our lives.

It is for this reason that the message of John the Baptist, calling people to repent and return to the Lord, is very relevant during this season of Advent. What is repentance? We tend to think of repentance as feeling guilty about our sins, but it is more—much more. The Greek word for repentance, metanoia, means a change of mind or direction. It is related to the Hebrew word tsubah, used by prophets to call Israel to abandon its sinful ways and to return to God. Both words (metanoia and tsubah) imply "a total change of spiritual direction."

We are therefore, invited by the Church to prepare to receive Christ by repenting of our sins and renewing our lives so that Jesus may be reborn in us. We do this when we turn this Advent season into a real spiritual "homecoming" by allowing Christ to radiate his presence all around us. John's preaching reminds us also of our important task of announcing Christ to others through our lives at home and in the community. When we show real love, kindness, mercy and a spirit of forgiveness, we are announcing the truth that Christ is with us. Thus, our lives become a kind of Bible which others can read.

MASS SCHEDULE

Weekday (Mon - Sat): 8:00 AM

Sunday: (Sat. Vigil) 5 PM,
(Sun) 7 AM, 9 AM, 11 AM, 6 PM

Sacrament of Reconciliation

Saturdays: 3:30 PM to 4:30 PM
(or by appointment)

MISSION / VISION STATEMENT

We are a Catholic Christian Community, called to develop a deeper relationship with Christ.

Such a relationship is fostered through active participation in: *Word, Sacrament, Renewal Programs, Ministry/Service*, and other **Spirit-led** activities.

We dedicate our time, talent and treasure to install, in our parish community, the basic building blocks of Christian living, **to preach the Good News of Jesus Christ to all through our words, deeds, and lives.**

SJAE MOBILE APP

Download our **FREE** app with these easy steps through *Apple App Store* or *Google Play Store*:

• Search keywords: **ST. JOHN MILILANI**

• Click "GET" or "Download"

• Open the App and Enjoy!

You can also find our app from the website below or use the QR Code

www.ParishSolutionsCo.com/JohnHl



Parish Rectory Hours

Monday: 12:00 PM-4:30 PM
Tues. - Fri.: 9:00 AM-4:30 PM
Saturday/Sunday: Closed

Outreach Office Hours

Tuesday: 9 AM to 12 PM
Friday: 9 AM to 11 AM

FOOD PANTRY Hours

Tues.—Fri.: 9 AM to 11 AM

Religious Ed Office Hours

Monday: Closed
Tues.—Fri.: 12 pm - 6:30 pm
Saturday: Closed
Sun: 7:00 am - 1:00pm

**PARISH CLERGY &
STAFF**

Pastor (ext. 111)

Msgr. John Mbinda

jmbinda@rcchawaii.org

Parochial Vicar (x 104)

Fr. Joseph Ayinpuusa

jayinpuusa@rcchawaii.org

Deacon Modesto Cordero

mcordero@rcchawaii.org

Deacon Romeo Ganibe

rganibe@rcchawaii.org

Parish Office Administrator (x 103)

Jolly Guerrero-Tano

jollygt@rcchawaii.org

Parish Secretary (x 100)

Dominique Kekiwi

dkekiwi@rcchawaii.org

Outreach Department (x 203)

Pearl Bates

pebates@rcchawaii.org

RCIA Coordinators

Dcn. Modesto Cordero

Dcn. Romeo Ganibe

Religious Ed. Director (x 206)

Julie Quiroz-Zamora

jquiroz@rcchawaii.org

Acting Preschool Director

Amytes Quiason (744-9538)

aquiason@rcchawaii.org

PASTOR'S CORNER



The Advent Wreath comes from an old European tradition. It was mainly a way to involve even very little children in learning about preparation for Christmas spiritually. The main symbolism of the advent wreath is the coming of Light into the world is clear. The gradual lighting of the four candles, one on each Sunday of the Advent season, combined with the liturgical colors of the candles purple is the penitential color used

during Advent and Lent. The desert rose color used only on the third Sunday of Advent Gaudete Sunday – Rejoice Sunday) helps to symbolize not only our expectation and hope in Our Savior's first coming into the world, but also in his Second Coming as Judge at the end of the world.

As a family tradition, the wreath itself is also symbolic. The circle of evergreen in which the candles are placed represents everlasting life. The seedpods, nuts and cones used to decorate the wreath are symbolic of new life. On the first Sunday of Advent, the wreath may be sprinkled with holy water to bless it before the first purple candle is lit. Then the blessing before meals is said, if you use the wreath at mealtime. The second Sunday two purple candles are lit; the third Sunday, two purple and one rose; and all candles are lit on the fourth Sunday.

In the family, children who are old enough can take turns lighting the candles every Sunday at the beginning of the dinner meal. The littlest ones can blow them out at the end of the meal. If you use the wreath at mealtime, it is helpful to place it on a tray or platter so it can be moved, and to protect the table from candle wax.

On Christmas Day, all the greens and decorations may be replaced with fresh ones, and four new white candles, symbolizing Christ. The white candles replace the colored ones and are lit throughout the Christmas season. Since the Advent season is a reminder to pray and watch, the family when together may pray the Angelus at the lunch and dinner family meals.

Msgr. John S. Mbinda

Be generous and you will be prosperous; help others and you will be helped." (Good News Translation) - Prov 11:25

READINGS FOR NEXT SUNDAY, DECEMBER 16, 2018

Third Sunday of Advent

First Reading: Zephaniah 3:14-18

This passage from Zephaniah is chosen deliberately in keeping with the theme of the Third Sunday of Advent liturgically called in Latin *Gaudete* Sunday (rejoice Sunday). Thus the reading is like a liturgical hymn of joy: "Shout for joy, O daughter of Zion! Sing joyfully, O Israel! The reason for this rejoicing is their deliverance by God from their enemies. A further reason for rejoicing is the presence of the Lord in their midst."

Responsorial Psalm: Psalm (Isaiah) 12:2-3, 4, 5-6

The verses chosen from Isaiah 12 for our Psalm this Sunday are used to express joy and thanksgiving. The passage therefore depicts joy because of salvation and the Lord's presence. "God indeed is my savior; I am confident and not afraid." The response to the Psalm sums up that mood of joy: "Cry out with joy and gladness; for among you is the great and Holy One of Israel."

Second Reading: Philippians 4:4-7

This four-verse passage obviously invites us to "Rejoice in the Lord always." There are two aspects of this exhortation of Paul to the Philippian community. It is first of all an exhortation to rejoice. This joy is not merely the happiness that comes from enjoying life, but a special kind of joy founded on our faith in Jesus Christ. It is in this context of faith in Christ that Paul then exhorts the Philippians to "have no anxiety." Finally Paul appeals to them to pray. They are in need of prayer to remain in Christ.

Gospel: Luke 3:10-18

The Gospel reading recounts the teaching of John the Baptist to those who came to listen to him and to be baptized, as a sign of their change of heart. Three times John is asked: What should we do? To the crowds, John exhorts them to share their surplus with those who lack the necessities of life. Clothing is one of the essential needs, but also food is implied here. Hence all are called to care for the needs of others. To the tax collectors who were despised for their corruption and collusion with the Romans, John does not condemn them. He simply exhorts them to share with the needy and not to exploit the vulnerable. The soldiers are admonished to avoid three things: extortion, false accusation and greed. Next we hear that the people were "filled with expectation." They were expecting the Messiah, the anointed one. They were wondering if John the Baptist could be the Christ, and John himself tells them that he is not the one; he is not even worthy to "loosen the thongs of his sandals."

Follow Msgr. John's Homilies! Blog
(text): www.sundayhomily.com

Podcast (audio):
<https://soundcloud.com/john-mbinda>

Mass Intentions for the Week

Monday, December 10, 2018

(8 am) †Venacio Topinio

†Vergelio Topinio

†Ernesto Dumlao

Tuesday, December 11, 2018

(8 am) †Vergelio Topinio

Suzanne Foster (Healing/Blessing)

Nicole Kawahara

(Birthday Blessing)

Wednesday, December 12, 2018

(8 am) †Gladys Grace

Chanee Shockley

(Birthday Blessing)

Gail Estanque (Birthday Blessing)

Thursday, December 13, 2018

(8 am) †Asako Diana

†Fr. Ed Turner

†Vergelio Topinio

Friday, December 14, 2018

(8 am) †Celestina Dela Cruz

(Death Anniversary)

Suzanne Foster (Healing/Blessing)

Msgr. John Mbinda

(50th Anniversary)

Saturday, December 15, 2018

(8 am) Derek & Ester Foglesong

(Anniversary Blessing)

Sebastian Perez (Healing/Blessing)

Castillo Horta and Family (Blessings)

(5 pm) Barbara Caspillo

(Birthday Blessing)

Sunday, December 16, 2018

(7 am) †Jesse Pangelinan

9 am **For the People**

11 am †Wayne K. Ursal

6 pm Taylor Mitchell

(Thanksgiving)

†Rest in Peace†

HEALING / BLESSINGS: Shirley Del Rosario, Carol Towne, Darrlyn & Ron Bunda, baby Mairenuí Tauotaha-Amo, Jack & Ellen Cleghorn, Ernesta Tolentino, Lester Wilson, Ben & Helen Guerrero, Jim Vangrinsven, Dollie McGarry, Suzanne Foster, Linda Eguchi, Mario Pichon, Leora Hernandez, Alan Cadiux, Rose McNorton, Rosalie Tadda, Bienvenido Roter, Randy Arrojo-Manuwa & Family, Rachel Sullivan, Duane Gonzales, Keahi Paaluhī & all names in Prayer Intentions Book.

DECEASED: Dolores Elema, Victor C. Librizzi, Santiago Tumpap, Jeremy M.H. Kunishige, Joseph Terry, Sr., Pablo Santos, Kyung Soon Choe, Alvin Yasui, Wayne Ursal, Hak Hoon Kim, Leo Keli, Cherie F. Castillo, Deacon Kin Borja, Asako Diana, Trixie Kato, Claro P. Bumanglag, Jodie J. Mendes, Theresa R. Brewington, Vergelio C. Topinio and Clara Diane White.

Please contact the parish office to set up an appointment & coordination for the following:

Anointing of the Sick

Baptisms (Upcoming ceremony date) **Dec 16, Jan 13 & 20, Feb 10 & 17, Mar 10 & 17, April (No Baptism), May 12 & 19.**

Baptism Preparation Class: Jan 6, Feb 3, Mar 3, Apr 7.

Blessings (home, auto, religious items, etc...)

Funerals

Homebound Communion

Marriages (at least 6 months before wedding date)

Please be advised the breezeway leading to the Parish Center is closed. Please use the church lanai to get through to the Parish Center.



The next Adoration of the Blessed Sacrament

will be held on *Friday, January 4*, immediately after the 8 am Mass to 7:30am on *Saturday, January 5*.



STEWARDSHIP OF TREASURE

**12/1—
12/2**

Sunday Collection	\$ 13,800.50
Online Donation (WeShare)	\$ 992.75
Children's Collection	\$ 2.00
Building, Equipment, and Maintenance (BEM)	\$ 1,221.75
One Community Center	
Capital Campaign (Non Assessed)	\$ 8,679.89
Candle Sales	\$ 580.00
Donation - Mass Intentions	\$ 160.00
Donation— Angel Tree Network	\$ 75.00
Donation - Charity	\$ 37.35
Donations- Christmas Flowers	\$ 125.00
Donation— Christmas	\$50.00
Donation— All Souls' Day	\$27.50
Donation— Immaculate Conception	\$ 163.00

Weekend Total: \$ 25,914.74

"Honor the Lord with your wealth, with fruits of all your produce." - Proverbs 3:9

† **FUNERAL ANNOUNCEMENTS** †

Claro P. Bumanglag (RIP)

Tuesday, December 11, 2018 ~ St. John A&E, Mililani

Visitation: 9:30 am

Funeral Mass: 10:30 am

Burial: 2:00 pm ~ Valley of the Temples, Kaneohe

Jodie J. Mendes (RIP)

Saturday, December 22, 2018 ~ Mililani Memorial Park-Makai Chapel

Visitation: 5:30 pm

Prayer Service: 6:30 pm

Theresa R. Brewington (RIP)

Sunday, December 30, 2018 ~ Mililani Memorial Park-Mauka Chapel

Visitation: 9:30 am

Prayer Service: 10:30 am

Burial: 2:00 pm~ Valley of the Temples, Kaneohe

Advent & Christmas Schedule

Misa de Gallo— December 16-24 (5:00 am)

Dec. 16— Msgr. John Mbinda

Dec. 17— Fr. Edmund Barut

Dec. 18— Fr. Norlito Concepcion

Dec. 19— Fr. Rheo Ofalsa

Dec. 20— Fr. Joseph Ayinpuusa

Dec. 21— Fr. Paul Li

Dec. 22— Fr. Alfred Guerrero

Dec. 23— Fr. Zeno Katua

Dec. 24— Bishop Larry Silva

St. John's Penance Service—Thursday, Dec 13th – 7 pm

To fulfill your Christmas Obligation, please plan on attending one of the following masses:

Christmas Eve Masses— December 24- 6pm & 12 Midnight

Christmas Day Masses— December 25- 7am, 9am, & 11am

No 6:00 PM Mass

Dec. 27— St. John Apostle & Evangelist Feast Day and Celebration of Msgr. John's 50th Anniversary of Ordination.

Mass of Thanksgiving, 6 pm. Presider: Bishop Larry Silva

Central Vicariate Penance Service

Wednesday, December 12, 2018—7 pm
St. Elizabeth, Aiea

Thursday, December 13, 2018—7 pm
St. John A&E, Mililani

Tuesday, December 18, 2018—7 pm
Our Lady of Sorrows, Wahiawa

Wednesday, December 19, 2018—7 pm
Our Lady of Good Counsel, Pearl City

Thursday, December 20, 2018—7 pm
St. Michael, Waiialua



PARISH EVENTS & WEEKLY CALENDAR

Christmas Flower Offering Envelopes are available in the back of the church, or you may also make a donation online by visiting our parish website, clicking "Online Giving."

Second Collection: Retirement for Religious Special Collection

December 8th & 9th. Senior Catholic sisters, brothers, and religious order priests ministered for years for little to no pay. Their sacrifices now leave their religious communities without adequate retirement savings. Your gift to today's special collection for the Retirement Fund for Religious helps to provide medications, nursing care, and more for tens of thousands of elderly religious. Envelopes are available at the back of the church or you may also give online through our parish website, click "Online Giving". Please be generous.

Food Pantry- If you or someone you know needs food assistance, we can help! Come and see us on Tuesday, December 18, 2018 from 10am—12 noon at St. John's parking lot.

Just a friendly reminder: The next gathering will be on Saturday, January 19, 2019 at 10am on the church lanai.

Want to volunteer for Kupuna Kokua Ministry's? Must be 55 years of age. Please contact Yolanda at (808) 220-8997.

Little Bethlehem Christians (LBC) is a group that represents Christian Families who live in the Holy Land of Bethlehem that make their living as wood carvers. The Alshouri Family, representing this group, will display a collection of hand-carved olive wood religious items for sale on **December 22nd & 23rd after all masses.** All profits will support Christianity in the land of Christ.

Please support St. John's Knights of Columbus, Council 14663

Fundraiser: Zippy's tickets (Zippy's Famous Chili, Portuguese Bean Soup, Meat Sauce or Zippy's Pancake Mix.) Cost is \$9 per ticket. Please see a Knight on the church lanai on Dec 15/16, Dec 29/30, Jan 5/6 and Jan 12/13.

St John A&E Marriage Validation

- Are you a Catholic who exchanged marriage vows in the presence of an authorized civic official or a minister from another religious tradition?
- Are you seeking to have your marriage officially recognized and blessed by the Church known as *Convalidation of a Marriage*?

SAVE THE DATES:

- Marriage Validation Retreat: Sat. Feb. 2, 2019 at 9am—3 pm.
 - Rehearsal: Thurs. Feb. 7, 2019 at 7 pm.
- Marriage Validation Ceremony: Sat. Feb. 9, 2019 at 5 pm in the Church.

For more information, contact Deacon Modesto at

mcodero@rcchawaii.org or Deacon Romeo rganibe@rcchawaii.org.



Planting Seeds for the Future: Proper estate planning can reduce administrative time, expense and inconvenience. Careful estate planning can also be one of the best gifts you give your family

Please remember *St. John Apostle & Evangelist Church* in planning your will.

THIS WEEK:

Dec 10 – Dec 16

Monday– 7:30 am– Rosary
8 am– *Daily Mass*
8:45 am– Rosary Prayer Group (CH)
7 pm – Charismatic Prayer Group (CH)
7 pm– Family Rosary Prayer Group (Chapel)

Tuesday– 7:30 am– Rosary
8 am– *Daily Mass*
8:45 am– Rosary Prayer Group (CH)
9 am– Church Cleaning– Environment (CH)
3 pm– Cenacle Prayer Group (CH)
7 pm– K of C (Rm 3)
7:30 pm – AA Meeting (Rm 6)

Wednesday– 7:30 am– Rosary
8 am– *Daily Mass*
8:45 am– Rosary Prayer Group (CH)
6 pm– OLPH Prayer Group (Rm 2)
6:30 pm– Young Adult Faith Night (Rm 4)
7 pm– Combined Choir Practice (CH)
7 pm– RCIA #15 Christmas (Rms 2/3)
7:30 pm – NA Meeting (Rm 6)

Thursday– 7:30 am– Rosary
8 am– *Daily Mass*
8:45 am– Rosary Prayer Group (CH)
9 am– Church Cleaning (Group 2)
7 pm– Advent Penance Service (CH)

Friday– 7:30 am– Rosary
8 am– *Daily Mass*
8:45 am– Rosary Prayer Group (CH)
9 am– Church Cleaning (Environment)
4 pm– 2 Hearts (CH)

Saturday– 7:30 am– Rosary
8 am– *Daily Mass*
8:45 am– Rosary Prayer Group
9 am– Catholic Women's Bible Study (Rm 1)
9:15 am– Liturgical Movement Ministry (Rm 4)
3:30 pm – Confession
5 pm– Mass (Saturday Vigil)

Sunday– Masses

5 am– Misa De Gallo (Msgr. John)
7 am, 9 am, 11 am & 6 pm

12:30 pm– Baptism Ceremony (CH)

"A" Schedule Religious Ed. Classes

4 pm – 6 pm Choir Practice (CH)

Awaiting His Presence

The Gift of Human Life

Baruch 5:1-9; Philippians 1:4-6, 8-11; Luke 3:1-6

Today's readings invite us to reflect on the gift of human life as we await the celebration of the birth of Jesus on Christmas and the return of Jesus at the end of the world.

The first reading transports us back in time to the Babylonian captivity when the people of Israel were led into slavery by their enemies. During their exile, the people clung to the promise that God would restore their dignity and bring them back to Jerusalem in glory.

In the second reading, St. Paul wrote to the Philippians from a prison cell. He had been badly treated during his stay in Philippi, but it did not diminish the love he felt for the Christian community there. He urged them to grow in love and to discern what is important in life, so they would remain pure and blameless.

The circumstances surrounding these two readings remind us that slavery, maltreatment, and the imprisonment of an innocent man are three unjust assaults on the gift of human life. We believe that we are created in the image



of God and that human life is sacred from its conception to its natural end. Most Catholics know that in addition to abortion and euthanasia there are other life issues that demand our attention such as assisted suicide, capital punishment, unjust war, genetic engineering, and any kind of injustice.

We also know that God gave human beings an intellect and the freedom to choose between good and evil. No one is perfect. We all make mistakes. We have the ability to separate ourselves from God and to hurt other people in the things we say or do. When this happens, we insult and damage our own human dignity. But God never abandons us. We are his children. He loves us unconditionally. He waits patiently for us to repent and turn back to him.

In the Gospel reading, St. John the Baptist reminds us that repentance for the forgiveness of sins restores our relationship with God and one another. We are called to straighten our paths, to fill the valleys of doubt and despair, to knock down mountainous obstacles, to smooth out the rough edges of our lives and await the salvation of God.

Pope Francis teaches: "The great gift of life is the first gift we have received. Sometimes in life we risk forgetting about this.... It is ... great joy to feel at every stage in life, in every situation, in every social condition, that we are, and we remain, sons and daughters. This is the message that children give us by their very presence: simply by their presence they remind us that each and every one of us is a son or daughter."

POINTS TO PONDER

In what ways are you enslaved or imprisoned by thoughts, habits, or actions that separate you from God or other people?

How do you feel called to repentance during this Advent season?

How do you honor and respect the gift of life?

FEAST DAYS THIS WEEK

• **December 12 — Feast of Our Lady of Guadalupe.** This feast day commemorates the appearance of Our Lady to a Mexican peasant named Juan Diego. No one believed that he had seen Our Lady. He was told to go back and ask for a sign. Our Lady instructed him to go to a nearby hilltop where he found roses in bloom — even though it was December! Today is a great day to have a Mexican dinner with real or artificial roses as a centerpiece. After dinner, read about Juan Diego.

• **December 13 — Feast of St. Lucy.** St. Lucy was a fourth-century martyr whose name and feast are associated with light. In Norway, children light candles and bring pastries to their parents on the morning of St. Lucy's feast day. In Sweden, they eat a ginger cookie. In Italy, St. Lucy brings small gifts to good children. In Hungary, wheat seeds are planted in a small pot, then children watch the wheat grow and use the sprigs in the manger of their family's Christmas crèche.



Who Is John the Baptist?

John the Baptist was the cousin of Jesus. His parents, Elizabeth and Zechariah, had been unable to have children. One day, Zechariah was told by the angel Gabriel that he and Elizabeth would have a son and they should name the baby John. The angel promised that the boy "will turn many of the children of Israel to the Lord their God" (Lk 1:16). When John grew up, he lived in the wilderness and preached a message of repentance. He baptized people with water for the forgiveness of sins, but he promised that Jesus would baptize with the Holy Spirit.

Bless Me, Father, for I Have Sinned ...

If you haven't gone to confession in a while, Advent is the perfect time to reconcile yourself with God and the Church. Most parishes have communal penance services with prayers and Scripture readings, followed by the opportunity for individual confession. Or you can make a private appointment with a priest.

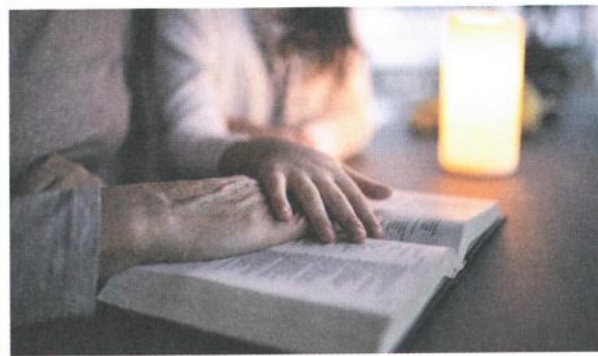
Your preparation for confession should include an examination of conscience, which simply involves thinking back on sins you have committed since your last confession.

If it has been a long time since your last confession and you're not sure how to proceed, don't worry. Just tell the priest; he will guide you through the process. What you will experience is the healing gift of God's love, the chance to start over with a clean conscience, and an overwhelming sense of gratitude.

Advent Prayer

God of love and mercy, thank you for the gift of human life. Help me to recognize your presence in all people. Give me the courage to repent and seek forgiveness when I have hurt you or another person. Allow me to remain totally dependent upon you in every aspect of my life. Amen.

FAMILYFOCUS



Read aloud the Scripture account of John the Baptist: Luke 1:5–25 and Luke 3:1–20.

Ask each family member what he or she liked about this Scripture passage.

At bedtime, take turns blessing everyone in the family with holy water.

Respecting Human Life

Here are some ways to celebrate the gift of human life during Advent:

1. Bring food to a local homeless shelter.
2. Clean out closets and toy bins. Donate gently used items to a local refugee center.
3. Buy a Christmas gift for a needy child.
4. Donate money to a right-to-life group.
5. Write letters to elected officials expressing concerns about abortion, euthanasia, and the death penalty.
6. Visit friends or relatives in a nursing home.
7. Bake cookies for a homebound neighbor.