



September 14, 1969, First Parish Mass • May 17, 1970 Ground-breaking • August 15, 1971, Dedication of the church

95-370 Kuahelani Ave. Mililani, Hawaii 96789

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Website: www.stjohnmililani.org • Email: info@stjohnmililani.org

DAILY MASS (Monday — Saturday): 8:00 a.m.

WEEKEND MASSES:

Saturday: 5:00 p.m.

Sunday: 7 a.m., 9 a.m., 11 a.m. & 6 p.m.

RECONCILIATION: (or by appointment)

Saturday: 3:30pm - 4:30pm

RECTORY OFFICE HOURS:

Monday: 12:00pm-4:00pm

Tuesday-Friday: 8:30am-4:00pm

Saturday & Sunday – Closed

Msgr. John Mbinda, Pastor, Ext.111

Fr. Boniface Waema, Parochial Vicar. Ext. 104

Fr. Victor Lanuevo, In Residence

Dcn. Modesto Cordero: RCIA Coordinator
(mcordero@rcchawaii.org)

Dcn. Wally Mitsui (wmitsui@rcchawaii.org) and
Gwen Mitsui (gmitsui@gmail.com), Youth &
Young Adult Coordinators

Jolly Guerrero-Tano, Parish Ofc. Admin, Ext. 103

Lindsey Higa-Kohagura, Parish Secretary, Ext.100

Stephanie Jamile, Bookkeeper, Ext. 101

Julie Quiroz-Zamora, Religious Ed. DIR, Ext.205

Terry Silva, Religious Ed. Asst., Ext. 204

Catherine Awong, Preschool Director, Ext. 200

Pearl Bates, Outreach, Ext. 203

How is My Spiritual Health?

The readings this Sunday proclaim an urgent appeal for conversion through the transforming power of prayer – the first sign of a dynamic Catholic. In the first reading, Jonah preaches to the Ninivites and they turn away from their sins. They are transformed. In the Gospel Jesus proclaims repentance and then calls his disciples who respond and are transformed. Paul, in the second reading, makes a passionate appeal for our transformation. If “time is running out”, am I ready? How is my spiritual health? When my day begins with grumpiness and continues with road rage; when I don’t want to see anybody near; when I want things to go my way; when I want to control things, then my spiritual health is down and in need of transformation. How do I transform my spiritual health? Remember how Deacon Wally, in Advent, shared his experience of dealing with a situation of a crying baby on the flight? He could have remained miserable all the way to San Francisco, but he resorted to prayer and the situation changed. Prayer, the first sign of a dynamic Catholic, is transformative. It has the power to change the way we look at situations, because it is not about us; it’s about others. In the case of Deacon Wally, he prayed for the family that was struggling with a crying baby and the situation calmed down all the way.

So, how do I transform my infected spiritual health? The answer is through prayer. All it takes is to establish a routine of daily prayer and follow it. Dynamic Catholics begin their day with personal prayer. They establish a routine and will do everything to defend that routine even if it means waking up one hour earlier. You see, it is not enough to say I want to pray daily. I need to be resolved about it and actually sit down and pray. I say this because the majority of Catholics have no plan but they think they pray. Others start praying and sit down to watch what happens. When nothing happens, they blame God who is not listening and then they give up. All it takes is an inner transformation that Jesus, Jonah, and Paul proclaim this Sunday with the question: “How is my spiritual health?” “Transforming of people one at a time is at the heart of God’s plan for the world.” There are incredible possibilities when we allow ourselves to be transformed by prayer just by simply setting a time, daily, to say a brief prayer first thing in the morning: “Lord, thank you for this day. Help me to be the best version of myself today as I start my day. Amen.” Say this prayer or a similar one daily and I guarantee you will see some change in your life.

Msgr. John S. Mbinda
Pastor

MISSION STATEMENT

*We are a Catholic Christian community,
called to develop a deeper
relationship with Christ.*

*Such a relationship is fostered
through active participation in:*

Word, Sacrament,

**Renewal Programs, Ministry/Service,
and other Spirit-led activities.**

*We dedicate our time,
talent and treasure to install,
in our parish community,
the basic building blocks of Christian
living, to preach the
Good News of Jesus Christ
to all through our words,
deeds and lives.*

Readings for Sunday, February 1, 2015

**Readings: Deuteronomy 18:15-20; 1 Cor. 7:32-35;
Mark 1:21-28**

First Reading: Deuteronomy 18:15-22

In this passage, Moses predicts that after a long succession of prophets in Israel, God would send one final prophet. That prophet would speak with authority, for "he shall tell them all that I command him." In other words, the prophet would have the power to proclaim God's will in a way that would bring about the deeds that the words signify. Thus Jesus is the fulfillment of the true meaning of prophet.

Responsorial Psalm: Psalm 95:1-2, 6-7, 7-9

Psalm 95 is both a call to worship as well as a warning against neglect of the word of God. God's voice spoken through the prophets, through his Son and through his Church, has no power unless it is freely received, heard and understood, taken to heart and acted upon. Therefore we must pray that we will hear God's voice when he speaks. Response: "If today you hear his voice, harden not your hearts."

Second Reading: 1 Corinthians 7:32-35

Paul's purpose in the Second Reading is not to advise whether or not to marry. He was obviously unmarried himself. As a traveling missionary, Paul had no fixed home, and so marriage and family would have been impossible. However he regarded marriage very highly, calling it a sign of the union between Christ and his Church (see Eph 5:21-33). Here Paul holds up an ideal of detachment from the things and ways of the world, using virginity as a sign of this detachment. No matter what our state in life, the important thing is to keep our eyes firmly fixed on what is beyond, and not let ourselves become helplessly entangled in the passing concerns of this world.

Gospel: Mark 1:21-28

This passage from Mark contains a nutshell summary of the whole mission of Jesus who comes to free humankind from enslavement to the forces of evil. Jesus does this by the power of his word which is effective and authoritative. The exorcism that Jesus performs serves two purposes: 1) as an illustration of Jesus' teaching with authority; and 2) to show that without Jesus Christ all humanity is in the grip of the power of evil. This first miracle of Jesus also serves as introduction to who Jesus is and the nature of his ministry. Those who hear his word experience his power. His teaching cannot be separated from his person. He is what he teaches.

*Msgr. John's Sunday homilies are available on the following updated links: **Blog (text):** <http://www.sundayhomily.com>
Podcast (audio): <http://streaminghomilies.podbean.com>
On iTunes, under Podcast search for: **streaming homilies**
subscribe free to get the homilies weekly.*

"If our prayer is resolutely united with that of Jesus, in trust and boldness as children, we obtain all that we ask in his name, even more than any particular thing: the Holy Spirit himself, who contains all gifts." (CCC 2742)

PRAY FOR OUR MEMBERS & FRIENDS:

Healing/Blessings: Jane & Ray Beauchemin, Richard Butz, Ashley Nawahine, Kamakoa Almasin, Ellen Cleghorn, Helen Uyehara, Linda Watson, Maya Higgins, BJ Sagocio, Teresita Milanio, Samuel Aguirre, Mike Culkin, Bryan & Alexandra Hollon Family, Gloria Aquino, Ramon Ramos, Jeff Grundon, and everyone mentioned in our Prayer Intentions Book.

Deceased: Consolacion Leonoras, Herschel Esperas, Bernard Fabrao, Marlene Izumigawa, Stanford W. Papas, Emilia S. Taclan, Santos "Sandy" Padilla, Lillian M. Ramos, Carmen B. Callejo, Ernesta L. Salvador, Carmen O. Austria, Ernesta L. Salvador, Christina Falke, and Oscar Cariasio.

Mass Intentions:

Monday, January 26, 2015

8am Mass Santos "Sandy" Padilla (RIP)
Teresita Milanio (Healing)

Tuesday, January 27, 2015

8am Mass Tadashi Furuta (RIP)
Santos "Sandy" Padilla (RIP)

Wednesday, January 28, 2015

8am Mass Sonny & Tessie Aquino
(Wedding Anniversary)
Teresita Milanio (Healing)

Thursday, January 29, 2015

8am Mass Demi & Rita Galicinao
(Thanksgiving)
Mrs. Ruperta Ibanez (RIP)

Friday, January 30, 2015

8am Mass Romeo and Susan Ganibe
(Wedding Anniversary)
Tina Aguinaldo (Birthday)
Carmen O. Austria (RIP)

Saturday, January 31, 2015

8am Mass Bernadette Uyeda
(Thanksgiving/Blessing)
Nardel & Roda Gervacio
(Thanksgiving)
5pm Mass Henry Eng (RIP)

Sunday, February 1, 2015

7am Mass Mayble Peterson (RIP)
9am Mass For the People
11am Mass Sharon Bertelmann (Birthday)
6pm Mass Salvador Ramirez (RIP)

Parish News & Announcements

Old blessed palms are needed for Ash Wednesday. Please drop them in the box provided near the church entrance. Mahalo.

Church in Latin America and Black & Indian Mission Collections - This weekend, January 24/25, we will take up two separate collections for the Church in Latin America and the Black and Indian Missions. Your generosity is invaluable to the future of the faith in these regions. Your donation for the Church in Latin America will fund catechesis, marriage & family life programs, and seminarian formation. Your donation for the Black and Indian Missions will help build churches, support parishes, religious education programs, and diocesan ministries in the African American, Native American, and Native Alaskan communities from coast to coast. Envelopes are available at the back of the church. You may drop your donation during offertory or you may also make a donation online by visiting our parish website at www.stjohnmililani.org, and click on the "Online Giving" icon. Please be generous.

Please join us in the Ordination to Permanent Diaconate of ROMEO GANIBE. This special event will take place on Friday, January 30th, 7:00 pm at St. Theresa Co-Cathedral. Bus transportation is available for a cost of \$4 per person. The bus will leave St. John at 5:00 pm and will depart from the Co-Cathedral at 9:45 pm to return to St. John. For more information, call 623-3332, ext. 100 or email info@stjohnmililani.org.

New altar server training — Saturday, February 7, 6:30 - 8:30 pm in the church. *Minimum requirements:* 7 years old, have received first communion, can serve 1 - 2 Masses per month at the 5 pm, 7 am, 9 am or 11 am Mass and are able to focus & participate during Mass. Email Margaret Higa to sign-up for the training at sjaserver@hawaii.rr.com.

Parish Nurse Health Ministry is sponsoring a workshop that will feature "Wills and Trusts" by lawyer Andrew Egseth. This event will take place on Saturday, February 28, from 10:30 am to 12:30 pm on the church lanai. A sign up sheet will be available on the church lanai after all Masses on Sunday, February 1. For more info, email Elaine Gibson at egibbi2441@yahoo.com.

Married Couples—Worn out from the holidays? Are you looking for a way to avoid the 'ho hum' marriage blahs? How about a special weekend, just for the 2 of you? Register for a Worldwide Marriage Encounter Weekend today! For more information, go to the WWME website at www.hawaiiwwme.org or call Jose & Mary Elizabeth Alvior at 808-391-2045 or email them at jluvsme@gmail.com.

Save the Date!

Stewardship Formation
Tuesday, February 3, 2015 at 7:00 p.m.
Speaker: Deacon Don McArdle
 Deacon, St. Mary on the Hill in Augusta, GA
 CEO, Catholic Stewardship Consultants
 Everyone is invited to attend.

Oahu Scout Sunday - Bishop Larry Silva will celebrate Mass on Saturday, January 31, 5:00 pm, in honor of Scouts from Troops, Packs, Crews and Parishes on Oahu. Please join us after Mass for a presentation of Religious Awards to the Scouts and their adult leaders in honor of their Catholic Faith.

Come and join us for the 2nd Annual St. Marianne Cope City Charity Walk and Park Clean-Up - Sat., January 31, 7:00 am at Kewalo Basin Park. The walk will be 1 mile, around the harbor and back. There is a \$35 registration fee that will include a commemorative t-shirt and goody bag pin for all walkers. The proceeds from the walk will help support the St. Francis Healthcare System Charity Care Fund that provides financial assistance to seriously ill patients who need care but are unable to afford it. For more information and registration, please contact the St. Francis Healthcare Foundation: 808-547-8031, gkaahanui@stfrancishawaii.org.

Online Giving – Stewardship is made easier than ever with our online giving system, WeShare. Make a one-time or recurring donation using your debit card, credit card, checking, or savings account in 3 easy steps. 1.) Visit our church website, www.stjohnmililani.org, and click on *Online Giving*. 2.) Set up your account. 3.) Choose a payment option and customize your donation.

Collection for January 17/18, 2015

Sunday Collection	
- 5:00 PM	\$3,334.37
- 7:00 AM	\$2,779.81
- 9:00 AM	\$2,483.25
- 11:00 AM	\$2,546.00
- 6:00 PM	\$2,191.51
- Front Office	\$486.00
- Online Donation	\$2,384.50
Candle Sales	\$355.00
Mass Intentions	\$250.00
Christmas Fund	\$8.10
Donation - Outreach	\$84.00
BEMO	\$1,547.50
Hui O Laulima	\$38.00
Church in Latin America	\$13.00
Retirement for the Religious	\$5.00
Weekend Total:	\$18,506.04

"Honor the Lord with your wealth, with fruits of all your produce." Proverbs 3:9